

NELSON SENIORS BRANCH #51

Report to West Kootenay/Boundary Regional Meeting – Midway, B.C.

April 15, 2019

Senior Citizens Nelson Branch No. 51, to date, has a membership of 71 individuals.

The mornings, at our centre, begin with one or two of the following activities: Tai Chi, Chair Yoga, Book Club, Chess and or Knitters. The afternoons are busy with our most popular activities, Bridge and Cribbage, and just recently Scrabble.

The Scrap Bookers and Rug Hookers meet twice a month. Snooker players generally meet in the evenings. They also held a successful tournament this year.

Our library houses many recent titles donated by members. As well, there is always a puzzle being assembled.

Branch 51 makes yearly monetary donations to three food banks in Nelson; as well as the Seniors 55+ BC Games.

This past year we gave our written support for ‘outdoor exercise equipment’ at our Lakeside Park; and to reinstate Sunday bus service in our town. We made our comments and views known regarding the legalization of cannabis, and climate action collaborative.

In 2018, we held our annual June Strawberry Tea for 90+ year local residents. Vocalist Bessie Wapp and Rylan Kewen played guitar. In July we celebrated a 100th birthday for one of our long time members. In December a delicious turkey buffet Christmas luncheon was enjoyed at the Hume Hotel.

This past year we were educated and entertained by several guest speakers who spoke on the following topics:

- Laughing Yoga
- Cannabis Legalization
- Fire alarms and fire safety
- Fall prevention
- Benefits of Acupuncture
- Canadian Red Cross

Except for July and August, our monthly meetings are held on the first Wednesday of every month at 10:30 a.m.

Thank you very much

Bev Fischer, President
Senior Citizens Association (Nelson) Branch No. 51